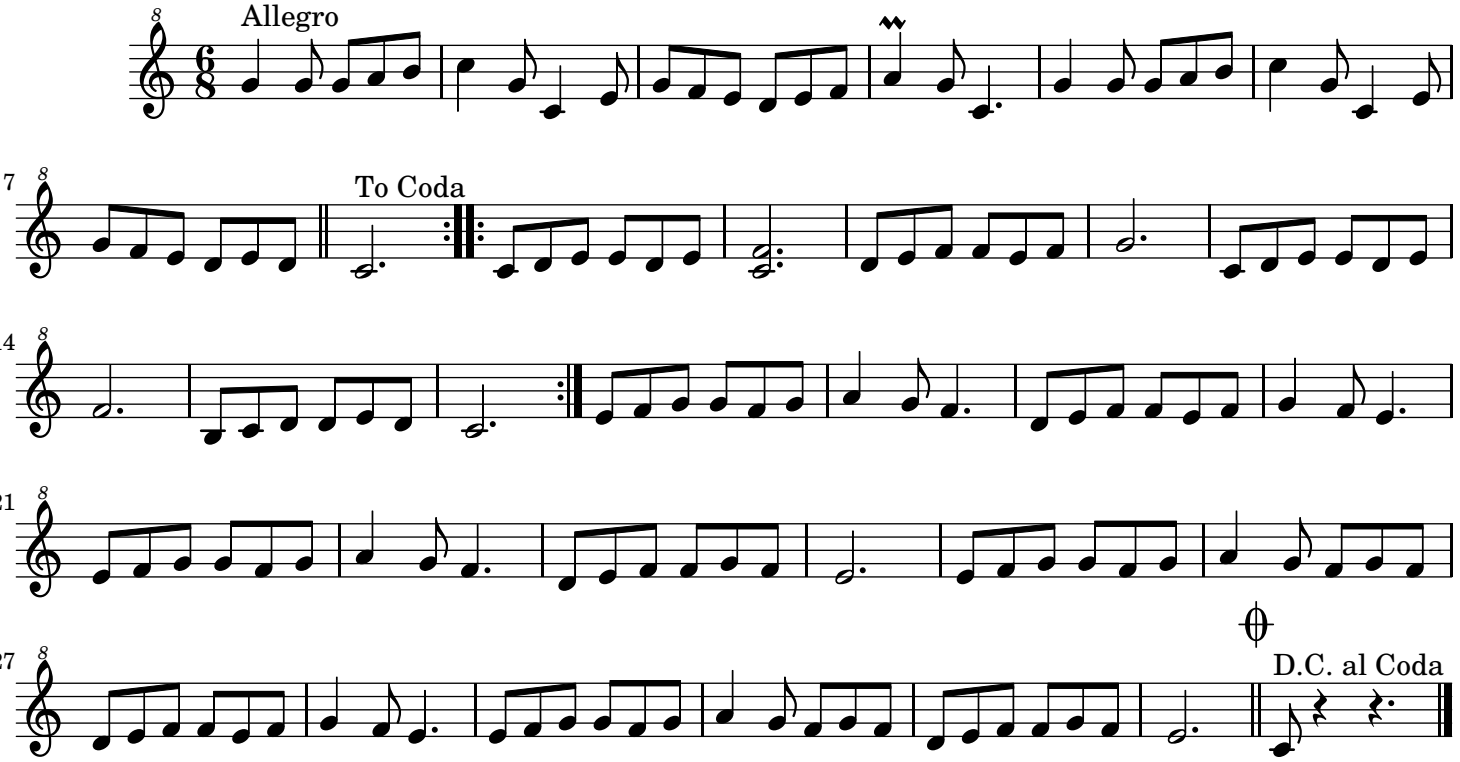Muiñeira de Visma