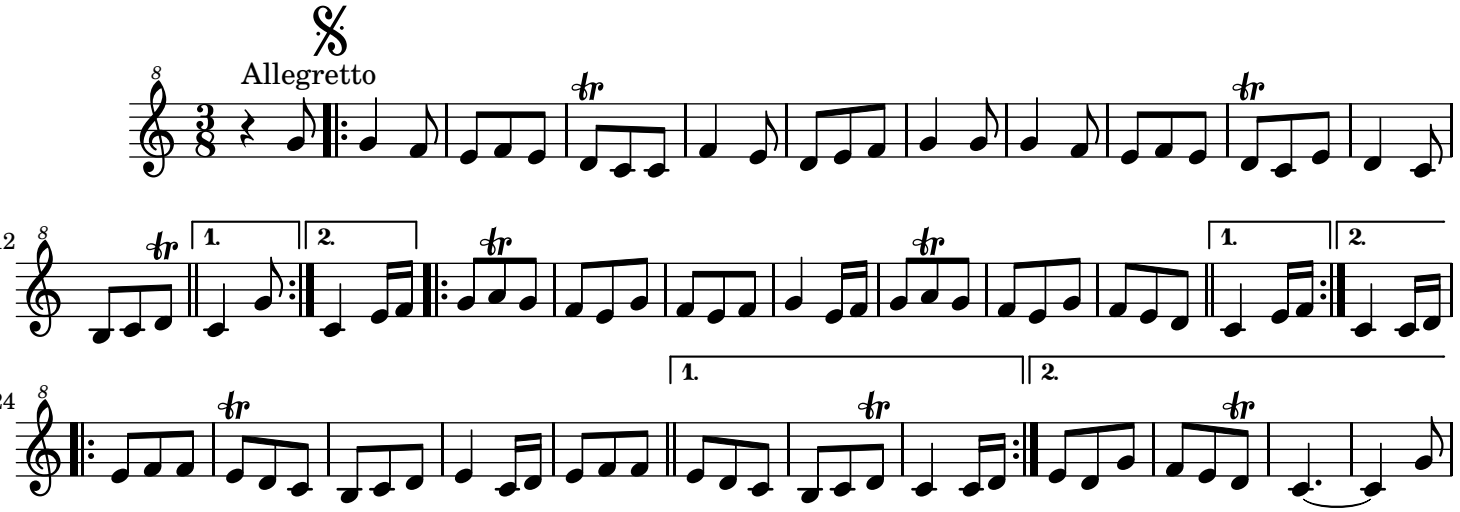Jota de Leitariegos